

Annual List of Activities That are Considered Fundamental to Boy Scouting

- 1) Citizenship
 - (a) US Constitution
 - (b) Declaration of Independence
 - (c) Flag Etiquette
 - (d) Pledge of Allegiance
 - (e) What Our Nation Expects of You as a Citizen
 - (f) Service to Your Community
- 2) Personal Enrichment
 - (a) Meaning of the Scout Oath, Scout Law, Scout Slogan, and Scout Motto
 - (b) Making the Most of Yourself
 - (c) Getting Along With Others
 - (d) Being Physically Strong
- 3) First Aid
 - (a) CPR
 - (b) Heimlich Maneuver
 - (c) Recognizing Symptoms
 - (d) First Aid
 - i) Cuts
 - ii) Burns
 - iii) Stretchers
 - iv) Actions at an Accident Scene
 - v) Splints
 - vi) Heat and Cold Emergencies
 - vii) Shock
 - viii) Sprains
 - ix) Blisters
- 4) Pioneering
 - (a) Rope
 - i) Different Kinds of Rope – Strengths and Weaknesses
 - ii) Whipping Rope
 - iii) Splicing Rope
 - (b) Knots: Square, Bowline, Clove Hitch, Timber Hitch, Two Half Hitches, Taut Line
 - (c) Other Advanced Knots: Monkey Fist; Turks Head
 - (d) Lashings: Square, Diagonal, Lashing, Shear
 - (e) Structure Construction
- 5) Rappelling
- 6) Orienteering
 - (a) Compass and GPS Work
 - (b) Map Reading
 - (c) Land Navigation (Day and Night)
 - i) Using Topographic Maps
 - ii) Using Direction and Distance
- 7) Procedures for Properly Using and Maintaining
 - (a) Ax
 - (b) Campsaw
 - (c) Knife
- 8) Fires
 - (a) Building Fires
 - (b) Fire Safety
 - (c) Building Cooking Fire
 - (d) Starting Fires
- 9) Nature
 - (a) Plant/Tree Identification
 - (b) Animal Identification
- 10) Forestry
 - (a) Wood
 - (b) Uses of Wood
- 11) Cooking
 - (a) Nutrition/Meal planning
 - (b) Method of Cooking
 - (c) Cleanliness
 - (d) Campfires and Stoves
 - (e) Purifying Water
 - (f) Kitchen Waste Disposal
 - (g) Dutch Oven Cooking
 - (h) Cooking is not done with the highest heat
- 12) Backpacking
 - (a) Equipment
 - (b) Purifying Water
 - (c) Loading a Pack
 - (d) Winter Equipment
 - (e) Hiking
- 13) Camping
 - (a) Meaning of the Outdoor Code
 - (b) Leave No Trace
 - (c) Human Waste Disposal
 - (d) Rain Proofing Your Gear
- 14) Swimming
 - (a) Safe Swim Defense
 - (b) Swim Strokes
 - (c) Self-Flotation Devices
 - (d) Safety Afloat
 - (e) Rescue Method
- iii) Using Other Methods of Determining North
- iv) Using Stars
- v) Using GPS
- (d) Determining Heights and Widths