

Backpacking Equipment Checklist

Personal Items

- Backpack
- Hiking Boots (broken in)
- Light Campsite Shoes (can double as water shoes)
- Sleeping Bag or Sleeping Blanket
- Tent (share with another Scout to lower weight)
- Small Tarp for Ground Cover
- Clothing (amount and type determined by season and duration of campout) to last for ___ days. Pack each day in a separate waterproof bag.
 - Wool Socks
 - Liner Socks (Very important!!)
 - Pants or Shorts (synthetic)
 - Underwear
 - T-shirts (synthetic)
 - Jacket or Sweatshirt for cool nights/days
 - Stocking hat for cool nights
- Raingear or Poncho
- Water Canteen or Water Bottle (2 Quarts minimum)
- Small Flashlight with Fresh Batteries
- Compass
- Pocket Knife (Must Have Your Tot'in Chit)
- Matches
- Mess Kit, Cup, and Utensils
- Bandanna
- Hat (Keep Sun Off Your Face)
- Toothbrush/Toothpaste
- Soapbox and Soap
- Personal First Aid Kit Consisting of:
 - Adhesive Bandages - 6
 - 3" x 3" Sterile Gauze Pads
 - Adhesive Tape - 1 Small Roll
 - Tweezers
 - 3" x 6" Moleskin
 - Soap - 1 Small Bar
 - Antiseptic - 1 Small Tube
 - Roller Bandage
- Toilet Paper (Biodegradable)
- Whistle
- Several Large Plastic Bags to Pack Your Items and Keep Your Pack Contents Dry

- Backpack Cover (Use a Large Plastic Trash Bag if You Do Not Have a Cover)
- Food for ___ Days (Place the Meals for Each Day in a Separate Small Plastic Bag)
- Very Small Bottle of Detergent for Cleaning (Biodegradable)
- Trail Food
- Knowledge of which Tenderfoot, 2nd Class, or 1st Class Outdoor Requirements That you Have Remaining
- About \$10 for any stops on the way out or back.

Recommended Items

- Sunscreen/Chapstick
- Small Towel
- Insect Repellent
- Sleeping Pad (required in cold weather)
- Thin Utility Cord, 30 ft.

Optional Items

- Camera
- Small Radio
- Paperback Book
- Pen and Paper
- Personal Sewing Kit
- Watch
- Small Binoculars / Monocular
- Sunglasses
- Spice Kit / Hot Sauce
- Hiking Staff

Patrol Gear Carried As a Group

- Backpacking Stove and Fuel
- Group First Aid Kit
- Backpack Repair Kit
- Toilet Trowel
- Cook Kit (pots and pans)
- Dining Fly and Stakes
- Water Filter and Tablets
- Bear Bags and Rope

This list will be reviewed for deletions/additions prior to any backpacking campout. Your backpack should weigh no more than 1/4th of your weight. Share equipment to reduce weight. Weight of your pack is CRITICAL. Feet are also very important. The importance of a liner sock and outer wool sock cannot be over emphasized. Change socks every 3-4 hours.