

Cycling Campout Equipment Checklist

Personal Items

- Backpack or Bag to Contain Your Items. (This backpack or bag will be carried from overnight stop to overnight stop in the trailer.)
- Small Backpack or Bag to Carry on Your Back/Bike During the Day. (You will carry water, lunch, and inner tube repair kit.)
- Bike
- Helmet
- Extra Inner Tube
- Inner Tube Repair Kit
- Something that is **Hunter's Orange** that is Attached to you or Your Bike During the Trip. (This can be an orange flag attached to your bike, an orange vest, or orange tape around your helmet.)
- Shoes – Two Pair (In Case of Rain)
- Sleeping Bag
- Tent (You may share with another Scout if you prearrange it.)
- Small Tarp for Ground Cover
- Small Tarp to Put Over Your Tent In Case It Leaks.
- Clothing for ___ Days. Pack Each Day's Clothes in a Separate Trash Bag.
- Raingear
- Water Canteen or Water Bottle (2 Quarts or 2 Liters)
- Small Flashlight with Fresh Batteries
- Mess Kit, Cup, and Utensils (There will be no paper plates/cups available on the trip.)
- Washcloth
- Towel
- Baseball Hat (Keep Sun Off Your Face)
- Toothbrush/Toothpaste
- Soapbox and Soap
- Toilet Paper in a Plastic Bag
- Several Large Plastic Bags to Pack Your Items and Keep Your Pack Contents Dry
- Very Small Bottle of Detergent for Cleaning

- Personal First Aid Kit Consisting of:
 - Adhesive Bandages - 6
 - 3" x 3" Sterile Gauze Pads
 - Adhesive Tape – 1 Small Roll
 - Tweezers
 - 3" x 6" Moleskin
 - Soap - 1 Small Bar
 - Antiseptic – 1 Small Tube
 - Roller Bandage
- Trail Food
- Scout Handbook and Knowledge of which Tenderfoot, 2nd Class, or 1st Class Outdoor Requirements That you Have Remaining
- About \$10 for any stops on the way out or back.

Recommended Items

- Sunscreen/Chapstick
- Pocket Knife (Must Have Your Tot'in Chit)
- Thin Utility Cord, 30 ft.
- Sleeping Pad

Optional Items

- Sunglasses
- Camera
- Sandals or Lightweight Shoes for Camp
- Small Radio
- Paperback Book
- Pen and Paper
- Personal Sewing Kit
- Watch

Group Items (Carried by Adults)

- All equipment Needed for Cooking by Chef xx)
- Tools for Bicycle Repair
- Tire Pump